

REGIONAL INTRODUCTION TO SABRE WORKSHOP PART II - WEAPON SET



Spencer Lodge – Scouts Canada
531 Windermere Road

Sabre Set Review – First Half
Sunday January 27th from 10 AM to 1 PM

Sabre Workshop Part II – Second Half
Saturday February 2nd from 10 AM to 5 PM
Cost: \$40 CTCA Members, \$50 Non-Members
Lunch: \$10 (Soup & Sandwiches)



Learn the second half of the Tai Chi Sabre weapon set. The workshop will be led by David deBelle a long-time student of Master Moy. Challenge yourself to learn a new set and experience how the Sabre can help to open and stretch your physiology.

Sabres will be available to borrow for the workshop

Contact us: info@LondonTaiChi.ca or 226-270-8502
More Information at: www.LondonTaiChi.ca

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LONDON

**Introduction to Tai Chi
Courses**

North West
St. Ansgar Church
Sherwood Forest

North Central
Scouts Spencer Lodge
Windermere Rd

South Central
Elmwood Presbyterian
Wortley Village

South West
St. Anne's Church
Byron

North East
Coming Soon

Special Promotion

All new members that sign-up and pay for three months get the fourth month free!

**CANADIAN TAI CHI
ACADEMY**

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