

ALCHEMY & TRADITIONAL CHINESE MEDICINE WORKSHOP

Elmwood Avenue
Presbyterian Church
111 Elmwood Avenue

Saturday October 5th

10 AM to 4 PM

Cost: \$35 CTCA Members

\$40 Non-Members

Lunch: \$10 Soup, Salad, & Sandwiches

The field of Taoist Internal Alchemy is difficult to learn and understand. The explanation of internal alchemy is based on an understanding of Traditional Chinese Medicine and the process of internal transformation and is often expressed in terms of a special alchemical language.



Taoist internal alchemy is involved with the transformation of our imperfect Later Heaven existence into the perfect Earlier Heaven Existence. Mr. Moy's Tai Chi is motivated by and founded on these internal alchemical principles. The exercises and the Tai Chi set developed by Mr. Moy provides a path for the work on the different stages of this internal alchemical transformation. By practicing Tai Chi we are embarking on the path of the Return to the Tao. We will explore the Taoist arts as explained to us by Master Moy and the alchemical meanings within the arts we practice.

Contact us at: info@LondonTaiChi.ca or 226-270-8502

More Information at: www.LondonTaiChi.ca



LONDON

Introduction to Tai Chi Courses

North West

St. Ansgar Church
Sherwood Forest

North Central

Spencer Lodge - Scouts
531 Windermere Road

South Central

Elmwood Presbyterian
Church, Wortley Village

South West

St. Anne's Church
Byron

North East

Coming Soon

Special Promotion

All new members that sign-up and pay for three months get the fourth month free!

CANADIAN TAI CHI
ACADEMY

226-270-8502

www.canadiantaichiacademy.org