



*Bringing together the past and present
to create the future*

In keeping with traditions
established by Mr. Moy Lin Shin

Tai Chi Workshop

Hosted by Peterborough Branch of the
Canadian Tai Chi Academy
also known as *Tai Chi for Life*

Sunday, March 24, 2019

10:00 am to 2:00 pm

Any & all Tai Chi practitioners are welcome!

Cost \$7.00 per participant

Demonstrations of Lok Hup Ba Fa,
Sword and Sabre sets

Option to join us for a meal at Loon Ho,
a local Chinese restaurant after the event.

Workshop Location:

Activity Haven Senior Centre
Queen Alexandra Community Centre
180 Barnardo Ave
Peterborough, ON K9H 5V3

Canadian Tai Chi Academy

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