



## CANADIAN TAI CHI ACADEMY SOUTH NOVA BRANCH

# TAI CHI WORKSHOP: OCTOBER 19-21, 2018

**Friday:** 6:30 pm - 8:30 pm  
"Meet & Greet", Lunenburg

**Saturday:** 8:30 am - 8:00 pm  
**Location:** United Church Hall, 87 Hillcrest Street, Bridgewater

**Sunday:** 9:00 am - 4:30 pm (CTCA instructors)  
**Location:** Lunenburg Legion, 34 Duke Street, Lunenburg

### **Fees:**

CTCA Members:	Saturday	\$30.00 *(Non-Members \$40) *includes lunch
	Sunday	CTCA Instructor's Workshop - Free

### **Notes:**

Billeting Available:  
[collenedahlby@me.com](mailto:collenedahlby@me.com)  
tel:902-764-2160

For more information or to register:  
[southnova@canadiantaichiacademy.org](mailto:southnova@canadiantaichiacademy.org)  
telephone: 902-764-2160 or 902-766-4716

## Additional Information

**Friday:** “Meet & Greet” will be held at Gloria Buck’s home on 284 Pelham Street in Lunenburg from 6:30-8:30 pm.

**Saturday:** Breakdown of the Saturday Session is as follows:

- 8:30 - Set-up
- 9:00 - 9:30 Registration
- 9:30 - 12:15 Instruction
- 12:15 - 1:30 Catered lunch provided
- 1:30 - 4:30 Instruction
- 5:00 - 6:30 Pot Luck Dinner
- 6:30 - 8:00 Instruction
- 8:00 - 8:30 Clean-up

Everyone welcome.

**Sunday:** Breakdown of the Sunday Session is as follows:

- 9:00 - 9:30 Set-up and late Registration
- 9:30 - 12:15 Instruction
- 12:15 - 1:30 Pot Luck Lunch
- 1:30 - 4:30 Instruction
- 4:30 - 5:00 Clean-up

The Sunday session is for CTCA instructors, assistant instructors and committed corners.