



CTCA Maritime Region
General and Instructors Workshop
“Deepening Your Understanding”
Tai Chi – The Form, Part II



May 22 – 24, 2026

Louis Millett Centre 9489 Commercial Street, **New Minas, NS**
[Hosted by the CTCA Kentville Location]

Pre-registration required

Contact sheilamcrewe@gmail.com to obtain a registration form

Friday: **7:00 until 9:00 PM** – **Meet & Greet** [no fee to attend] with cash bar & finger foods held up stairs in the Celtic Hall at Paddy’s Irish Brew Pub & Rosie’s Restaurant
Located at 42 Aberdeen Street in Kentville, NS.

Program

Saturday: **8:30 until 9:15 AM** – Registration

9:30 until 4:30 PM– General and Instructor Workshop

Sunday: **9:30 until 4:30 PM** – General and Instructor Workshop

Lunch is included each day

Fees: \$55 to attend one day (Saturday or Sunday) \$80 to attend both days

Payment due at registration
cash or cheque made out to the Canadian Tai Chi Academy.

Louis Millett Community complex is a scant free facility