



Learn how to experience Physiological Change &  
Explore Components of Taoist Alchemy



CANADIAN TAI CHI ACADEMY  
PRESENTS SUMMER 2023

July 22 to 28

# Tai Chi Week

NEWMARKET, ONTARIO CANADA

**INSTRUCTORS** DAVID D, DOUG N, MY H, MEHRAB K

**SCHEDULE** WELCOME: SAT JUL 22, 9 AM

PERIOD 1: 9 AM to Noon

(lunches Noon - 1:30 PM)

PERIOD 2: 1:30 to 5:00 PM

(tea breaks 3:30 - 4 PM & dinners 6 PM)

FAREWELL: FRI JUL 28, 5 PM

**COST** WEEK: \$625 (includes 7 lunches & 6 dinners)  
DAY: \$120 (includes lunch - Dinner Extra)

**ACCOMMODATION** can be arranged with members on request, or there are Hotels in the area.

**QUESTIONS?**

TaiChiWeek@ctcaworkshop.org

(905) 288 - 7128

**\*\*\* SPACE IS LIMITED REGISTER NOW \*\*\***

Early Bird Special  
\$500 (includes week & meals)  
Deadline: MON. MAY 15

Register  
Now  
Click Here!