



South Georgian Bay Locations
Spring Tai Chi Workshop
Finding the 5 animals in the Tai Chi set

Friday, May 9, 2025
Stayner Community Centre
269 Regina St, Stayner, ON

Workshop Leader: Doug Nettleton

Doors open at 8:45 am

9-10: Warmups and/or Sabre/Sword/Lok Hup with friends

10-12:30 Morning Tai Chi Session

Lunch Break – *please bring your own food & beverages*

1:30-4:00 Afternoon Tai Chi Session

Due May 9: \$15 per CTCA member
exact cash or cheque payable to CTCA

Pre-Registration is required

Please email intention to attend & your class location to
ctcasouthgeorgianbay@gmail.com

Cancel by email asap if you find you are unable to attend,
so that a member on the waitlist will be able to attend
Please respect our policy of scent-free venue